



District Health & Wellness Committee Meeting
March 3, 2022
Virtual Meeting - 3:45 pm

I. Reports:

- A. District Updates - Michael Byrd, Assistant Superintendent

- B. Food Services - Erin Wilkes, Director of Food Services
 - Quarterly Menu Review
 - Ark. 6.06.5
 - <https://docs.google.com/document/d/1tUDRrL2sp8tmg3UScq-DtoEQnGQPFPEGCTVIQ0x8PMU/edit>
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 - Written Food & Beverage Locally Recommended List
 - Ark. 6.06.7
 - https://docs.google.com/document/d/1EY78GUJIRPIMSHGUP4i_8pWrq9Z7n-P0EpWfGndqOJA/edit
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 - Written Recommendations to the School Board Regarding the Components for Food & Beverage Vending Contracts
 - Ark. 6.06.9

- C. Health Services – Vonda Morgan, Director of Nursing

- D. Counseling/Mental Health Services - Emily Taylor, Director of Counseling

- E. School Health Programs – Kelly Spencer, Health & Wellness Coordinator
 - Staff Wellness Bowling Report
 - Staff Wellness April Event
 - School Health Index - SY 21-22
 - Spring Fling 5K/Kids' Fun Run Information
 - <https://www.cabotschools.org/news/10186/spring+fling+5k++kids+fun+run+2022>
 - Registration -
<https://runsignup.com/Race/AR/Cabot/SpringFling5k?remMeAttempt=>

II. New Business

III. Other Business

May Wellness Committee Meeting - May 5th at 3:45 pm - Virtual Meeting